

CHOOSE WELL, STAY WELL, LIVE WELL

YOUR 'BIG IDEAS'

September 2019

Through our engagement work with the Northamptonshire community, you have set out a series of 'Big Ideas' for the future of local health and care. These are the priorities we have agreed to help us create a positive lifetime of health, wellbeing and care in our community – and will form part of our work to plan and deliver improvements to local services.



Big Ideas

What changes do people want to see?

INFORMATION – GETTING THE BASICS RIGHT



Introduce a 'health and care passport' to improve the flow of personal information and make it easier for people to access the right care in the right place at the right time



Provide a single directory of local services, groups and activities to support health and care needs and available to all (not just online)



Co-ordinate care so patients can move seamlessly through and between services and make pathways easier to understand

COMMUNITY SUPPORT



Provide advice and support to guide individuals through their health and care journey and help them access and choose from a range of services. The role could be based on existing wellbeing navigators or community connectors



Build 'buddying' networks linking older people in good health with those in need for friendship as well as support



Develop community hubs providing information and signposting to local services - both face-to-face and on the telephone

CARERS



Improve support for carers, who often have health and care needs of their own, to relieve pressure on the health and care system. Commission a county-wide carer support service based in community hubs



Ensure the carer's voice is heard in making decisions about people's health and care

PERSONALISED CARE



Focus on the needs of the whole person to support them to stay well and live well – including physical and mental wellbeing and nutritional support



Develop personalised mental health care plans to empower individuals and prevent crisis situations



Provide mental health advocacy to aid access to health and non-health services

ENGAGEMENT



Continue to engage with service users and public to ensure they are involved with shaping improvements to local services



